

# NEVADA RHYTHMIC ACADEMY, LLC

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## REGISTRATION FORM (CHILD) and WAIVER OF LIABILITY

Name of Gymnast: \_\_\_\_\_ Birth Date: \_\_\_\_\_  
Parent(s) Name(s): \_\_\_\_\_  
Parent(s) Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
Emergency Contact 1: \_\_\_\_\_ Phone: \_\_\_\_\_  
Emergency Contact 2: \_\_\_\_\_ Phone: \_\_\_\_\_

I hereby understand and acknowledge that the classes, activities, training, programs and events organized by the Nevada Rhythmic Academy ("NVRA") may expose my child ("Gymnast") to many inherent risks, including accidents, injury, illness, or even death. On behalf of my Gymnast, I assume all risk of injuries and/or accidents associated with my Gymnast's participation with NVRA, including, but not limited to: falls, sprains, strains, muscular or ligamentous injuries, dizziness, faintness, collision, or contact with other participants, the effects of weather, including high heat and/or humidity, and all other such risks being known and appreciated by me.

I hereby acknowledge my responsibility in communicating to NVRA any physical and psychological concerns that might conflict with my Gymnast's participation in any activity, training, programs and/or events. I acknowledge that my minor child is sufficiently physically fit and mentally capable of performing the physical activities he or she chooses to participate in, except as disclosed here:

### USE OF IMAGE

You hereby grant to NVRA the non-exclusive, perpetual right to use my Gymnast's name, image, likeness, or voice (together, "Identifications"), and to photograph, record or video your Gymnast, in connection with your Gymnast's participation in the activities, for the purpose of promoting the sport of gymnastics and all of the programs, activities and work of NVRA. Such use may be in any medium, whether now known or hereafter devised, including, but not limited to, print, electronic, television, film, digital, website, online, video streaming and social media entries. In no event, however, may NVRA, by virtue of this specific grant of rights, use my Gymnast's Identifications for purposes of my Gymnast's endorsement of any third-party commercial product or service without your prior written permission. This grant of rights shall be in addition to, and shall in no manner limit or affect, any other consent, permission, grant, or license that you may have given or in the future may give to NVRA for the use of the Identifications or performances in or related to the sport of gymnastics.

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### CODE OF CONDUCT

Your children are our priority and we at NVRA's priority is to provide a safe, supportive and inclusive gymnastics experience. Gymnasts may be asked to leave practice. This may include crying, disruptive behavior, being rude or disrespectful to any coach or teammates. NVRA reserves the right to direct such suspension or expulsion.

Please do not criticize coaches' work or other Gymnasts' performance in front of your Gymnast. You chose NVRA and NVRA chose our coaches who are qualified professionals in gymnastics instruction. NVRA coaches have competitive titles, knowledge and experience working with gymnasts. NVRA will not tolerate public criticism of coaches or fellow Gymnasts, and this is a violation of our code of conduct that may lead to suspension or expulsion.

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### DRESS CODE

A standard uniform will include black leotard or tank top, black stretchy shorts or leggings, and toe shoes. Gymnasts must keep their hair off of their face, and into a short ponytail or a bun. No jewelry is allowed. Gymnasts are only allowed to wear jackets for warm-up time.

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### DROP OFF AND PICK UP

NVRA insists that parents/guardians physically enter the facility to drop off and pick up Gymnast, regardless of age. **Classes begin and are dismissed promptly at their scheduled times.** Please be sure that you see Gymnast in their correct class prior to leaving the facility. Please pick up gymnast on time. NVRA is unable to supervise children prior to or after class time. NVRA's staff is only responsible for Gymnast during their scheduled class time. Gymnasts are only allowed to be on the carpet early by a coach's invitation.

- If you need to pull your gymnast out of practice early, please let the front desk know at the time of drop-off. In the event of emergency circumstances, please contact the front desk to assist you in getting your gymnast out of practice.
- Only Gymnasts may be on the carpet. No shoes are allowed on the carpet. **For safety reasons, no parents, relatives or guardians are allowed to enter the gym during class time.**

As a principle, "EARLY IS ON TIME, ON TIME IS LATE, AND LATE IS TOTALLY UNACCEPTABLE." Please make sure that your gymnast is at the gym 5 minutes prior to start of practice, in order to prepare to start exactly on time. Coming to practice "on time" but then taking 10 minutes to prepare is not considered being on time.

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**MISSED TRAININGS**

Parents must notify NVRA via phone call or text at (646) 270-0250 if a gymnast will miss practice. Prior to practice time (not during or after). If it is illness, please notify the office and do not come to practice sick! Homework is not an excuse to miss practice. We understand that Gymnasts are student athletes but they need to manage their time in order to continue to be both a successful student and gymnast. **Make up classes are generally not permitted.**

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**PARENT RESPONSIBILITIES**

Please keep contact information current and all payments timely. **All payments are due on the 1<sup>st</sup> of each month.** A late fee of \$25 will automatically be applied if payment to your account is not made by the 1<sup>st</sup>.

All gymnasts are the responsibility of their parents, even at competitions. Please be an example to your gymnast; NVRA expects good manners and polite ethical behavior from all Gymnasts.

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**CONCERNS**

Please do not call coaches during practice time. Coaches may answer questions you have after each class. You acknowledge that competition is both busy and stressful. You agree to refrain from questions, feedback, or follow up for 48 hours after any competition. **Parents are NOT allowed to contact judges from a competition in any way.** NVRA cares about the success of all gymnasts. NVRA will provide time and attention to concerns; concerns will be addressed in due time, and an explanation will be shared with the gymnast. Parents calling or texting their coach every week is unacceptable. **Harassing or threatening a coach in any way will result in immediate dismissal from the club.**

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**COMPETITION TEAM POLICIES AND PROCEDURES**

- Placement on the competition team is only by invitation from a coach. Coaches’ assessment of the skill level and age will determine Gymnast level placement. Gymnasts must complete the season schedule and compete at state and regionals to advance to the next level.
- Levels 3, 4 and 5 gymnasts must attend classes 3 times per week. Gymnasts compete at their coach’s discretion.
- All gymnasts level 6 and up must attend practice at least 4 times a week. Gymnasts compete at their coach’s discretion.
- All Competition Team members must be respectful of coaches at all times. They must also be willing to accept and follow their coach's corrections.
- All Competitive Team members must be respectful and supportive of their teammates.
- Competitive Team members must provide their own equipment and toe-shoes. Gymnasts should have all apparatus available at every practice.
- Coaches have the right to create and change routines according to the ability of each gymnast, along with finalizing choices for music. Coaches will decide if a gymnast will perform individual routines or a compulsory routine.
- There will be a mandatory fee for each competition routine.
- Parents must pay competition registration fees at the time of official notice from the host, usually given 2-3 months in advance.
- **Registration fees paid to NVRA are non-refundable.**

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Parents are responsible for the coaches’ competition fees and travel expenses, which include transportation and lodging. Coaches’ competition fees and travel expenses are due at the time of registration and are not refundable. Parents cannot approach other team coaches or judges for any reason. If a parent approaches a competing team’s coach or a judge, the gymnast will be immediately disqualified.

We recognize the commitment required for Competition Team, because it is time consuming for Gymnasts and for parents. It is also a significant financial obligation and requires a high level of commitment. We urge parents to carefully consider Competition Team and the experience it can provide your Gymnast, balanced with the time and experience.

After having read this waiver and knowing these facts, and in consideration of acceptance of my gymnast’s participation in and the NVRA furnishing services to my gymnast, I agree for myself and my gymnast to **HOLD HARMLESS, WAIVE AND RELEASE THE NEVADA RHYTHMIC ACADEMY, LLC, ITS MEMBERS, AGENTS, EMPLOYEES, ORGANIZERS, REPRESENTATIVES, AND SUCCESSORS FROM ANY RESPONSIBILITY, LIABILITIES, DEMANDS, CLAIMS OF ANY KIND ARISING FOR WHATEVER REASON AND ATTORNEYS’ FEES AND COSTS, ARISING OUT OF MY GYMNASTS’ PARTICIPATION IN THE NEVADA RHYTHMIC ACADEMY’S CLASSES, ACTIVITIES, TRAINING, PROGRAMS AND/OR EVENTS.**

**By my signature, I indicate that I have read and understand this Waiver of Liability and that by signing this Waiver of Liability, I am voluntarily surrendering certain legal rights. Thus, I am aware that this is a waiver and a release of liability and I voluntarily agree to its terms.**

**By signing below, I represent that I have legal capacity, that I am the parent and/or legal guardian of the above-named Gymnast, and that I am authorized to act on behalf of the Gymnast.**

\_\_\_\_\_  
*Parent/Guardian Signature*

Date: \_\_\_\_\_